

Croydon Contraceptive & Sexual Health Service (C.A.S.H)

Edridge Road Community Health Centre,
Impact House, 2 Edridge Road, Croydon CR9 1PJ

Tel: 020 8714 2861

Tuesday & Thursday: 11am - 7pm

Saturday: 10am - 12:45pm

No appointment necessary

For further information on Young People's
Sexual Health Services visit:

www.gettingiton.org.uk



Always use
a Condom

NHS

Croydon

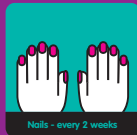
Fancy a Makeover?



Hair styled every 6 weeks....



Mascara everynight out...



Nails - every 2 weeks



Shave legs twice a week?

Give yourself a makeover that lasts!

The **Implant, Injection, IUD & IUS** are all hassle free methods of contraception.

They all are: **Safe, Reliable & Long Lasting**
All are **over 99% Effective.**

Remember these methods will **only protect against pregnancy.**



Always use
a Condom

Contraception. **Sorted.**

Implant

- Works for 3 years
- Small & Discreet
- Unnoticeable
- Less than 1 in 100 will become pregnant over 3 years



Injection

- Works for 8-12 weeks
- 12 weeks - Depo - Provera
- 8 weeks - Noristerat
- Less than 1 in 100 will become pregnant in a year



IUD/IUS

- IUD works for 5-10 years
- IUS works for 5 years
- Less than 1 in 100 will become pregnant in a year

